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Amrin gesa ikuti program 'Dare' selamatkan nyawa

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Kongsi

Encik Amrin Amin mencuba kemahiran CPR dalam satu demonstrasi di acara DARE Festival of Hands. - Foto MOH

LEBIH 700 alat defibrilator luaran automatik (AED) telah dipasang di kawasan awam seperti kelab masyarakat dan blok HDB sejak 2013.
Alat itu berguna dalam menghulurkan bantuan segera kepada mangsa yang menghadapi serangan jantung.

Menyatakan demikian, Setiausaha Parlimen Kanan (Kesihatan merangkap Ehwal Dalam Negeri), Encik Amrin Amin, menekankan perlunya orang ramai belajar mengetahui bagaimana memberi bantuan pernafasan (CPR) dan menggunakan AED yang ada.

Ia terkandung dalam program menghulur bantuan segera yang disebut Dispatcher-Assisted first Responder programme (DARE) – satu inisiatif menggalakkan rakyat Singa pura tampil memberi bantuan segera kepada sesiapa yang diserang sakit jantung.
Ini penting kerana daripada 2,300 kes serangan jantung yang berlaku setiap tahun di Singpaura, 70 peratus berlaku di kawasan penginapan dan di depan orang yang dikenali.

Sesiapa sahaja boleh membantu jika tahu CPR dan menggunakan AED.

Program Dare mendidik masyarakat melakukan tiga tindakan segera: hubungi 995 dan menanti pakar memberi arahan satu persatu; melakukan CPR; dan menggunakan AED jika ada.

Pelancaran aplikasi mudah alih Dare akan lebih memudahkan semua orang belajar kemahiran menyelamatkan nyawa. Ia menye diakan video tunjuk cara yang mudah diikuti, belajar CPR dan mengesan AED terdekat.
Berucap di acara mendekatkan program Dare kepada masyarakat di Hab Toa Payoh semalam, Encik Amrin berkata pelancaran aplikasi Dare melengkapkan inisiatif 'SG Secure' supaya bertindak dalam pelbagai keadaan kecemasan.

Menurutnya, sejak pelancaran Dare, lebih 75,000 rakyat Singapura telah mendapat faedah daripada latihan Dare.
Beliau berharap dapat menjangkau lebih ramai orang dan menggalakkan lebih ramai muat turun aplikasi dan ikuti latihan Dare supaya dapat bantu menyelamatkan nyawa.

Translated Text

Amrin urges the community to sign up for the 'DARE' programme to help save lives

By Editorial Team

More than 700 automatic external defibrillator (AED) devices have been installed in public areas such as community clubs and HDB blocks since 2013. The device is useful in providing immediate assistance to victims suffering from cardiac arrests.

Senior Parliamentary Secretary (Health and Home Affairs), Mr Amrin Amin, emphasized the need for the public to learn how to perform cardiopulmonary resuscitation (CPR) and use an AED.

The Dispatcher-Assisted first Responder programme (DARE) is an initiative to encourage Singaporeans to come forward to provide immediate help to those who have had a cardiac arrest.

This is important because of the 2,300 cases of cardiac arrests that occur annually in Singapore, 70 percent occur in residential areas and in the presence of someone the victim knows.

Anyone can help if they know CPR and how to use an AED.

The DARE program educates the community on three immediate measures: call 995 and wait for real-time guidance, perform CPR; and locate the nearest AED.

The launch of the DARE mobile app will make it easier for everyone to learn life-saving skills. It provides easy-to-follow video tutorials, teaches one to perform CPR and helps users locate the nearest AED.

Speaking at a community event at the Toa Payoh Hub yesterday, Mr Amrin said the launch of the DARE app complements the 'SG Secure' initiative that enables action in various emergency situations.

According to Mr Amrin, since the launch of DARE, more than 75,000 Singaporeans have benefited from the DARE training programme.

He hopes to reach out to more people and encourage more app downloads as well as sign ups for the DARE training programme to help save lives.