

Anyone can use an AED

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The automated external defibrillator (AED) is designed for emergencies and is simple enough for a layperson to use.

Anyone can use an AED (Learn a skill to save a life; Sept 26).

The device has an in-built voice prompt which provides clear step-by-step instructions on what the user should do.

In the event of a cardiac arrest situation (where the person is unconscious and not breathing normally), members of the public must immediately call 995.

One should always use an AED, if it is available.

The medical dispatcher on the line can also guide the untrained caller on starting cardiopulmonary resuscitation (CPR) and using an AED.

AEDs are increasingly being installed in public places and residential apartment blocks.

Those who wish to be trained can approach any one of the 115 accredited CPR and AED training centres in Singapore. For the full list of these centres, visit: <https://www.nrcsingapore.com/training-centres>

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Correction note: This story has been edited to provide the correct link to the website of National Resuscitation Council.